



ULTIMATE PASSOVER CHECKLIST

IF YOU'RE CELEBRATING PASSOVER, HERE IS EVERYTHING YOU NEED!

Passover is the ultimate DIY holiday because it all happens in the home. That's a beautiful blessing because you can make it special and personal and meaningful to you. This list is just the basics, Judaism is a religious tradition of enriching your own experience in the way that feels right to you. Don't worry if you don't own all of the ritual objects, for example you can use any cloth as a matzah cover and any cup as a kiddush cup.

For daily Passover and Jewish inspiration follow along @MyJewishMommyLife on Instagram and YouTube!

Seder Food

- Seder Plate
 - Egg - (*Beitzah*)
 - Parsley - (*Karpas*)
 - Lamb bone (*Zeroah*)
 - Charoset (*Charoset*) recipe below
 - Bitter Herb (*Marror*)
 - Additional Bitter Herb (*Chazeret*)
- Matzah
 - Take 3 pieces and set aside, the rest will be served and eaten with the meal.
- Salt Water
 - A small bowl of water with enough salt to taste poured in for everyone to dip their parsley (*karpas*) into during the seder.
- Wine or Grape Juice

Seder Items

- Seder Plate
- Haggadahs
- Kiddush Cup
- Cup for Elijah
- Shabbat Candles
- Bowl for salt water
- Plate for Matzah
- Matzah cover
- Cloth for Afikomen
- Kippot
- Afikomen presents

GROCERY SHOPPING LIST

THE BASICS FOR MANY PASSOVER RECIPES

- CHAROSET - apples, wine, walnuts, honey or raisins or other dried fruit.
- BAKING - Many Passover recipes start with an alternate flour like almond or matzah meal and matzah farfel.
- Eggs
- Potatoes
- All kosher dairy / meat is fine (if you are strict you can look for the Kosher for Passover Hechsher symbol)
- Fresh fruits and vegetables
- Passover items are free of wheat, barley, spelt, oat and rye. We also refrain from eating corn and corn syrup, and some communities avoid legumes (*kitniyot*) and rice as well.